

The Aventino Medical Group is...

- ◆ **Guido Coen Tirelli:** Ear-nose-throat specialist. Laurea in Medicine La Sapienza U. Residencies La Sapienza and U of Naples. Chief of ENT, S. Eugenio Hospital.
- ◆ **Luca Leoni:** Dermatologist. Laurea in Medicine and residency in Dermatology, La Sapienza. Consultant, Regina Apostolorum Hosp.
- ◆ **Susan Levenstein:** Internist. BA Harvard, philosophy; MD Mt. Sinai; Residency Montefiore; Gastroenterology Internship, Rome. USA Board Certified. Research, mind-body interactions.
- ◆ **Francesca Maccioni:** Diagnostic ultrasound. Laurea in Medicine, residencies in Radiology and Gastroenterology, La Sapienza. On staff, Dept of Radiological Sciences, La Sapienza.
- ◆ **Catherine Stainier:** Pediatrician. Laurea in Medicine, La Sapienza U, residency Tor Vergata U, Rome. Fellowship, neonatal intensive care La Sapienza U. Homeopathy (Cisdo), phytotherapy.
- ◆ **Jean Verola:** Orthopedist. Med. school & residency U. Mar-seilles. French Soc. of Orthopedics & of Percutaneous-Endoscopic Vertebral Techniques. Former clinical director, Hosp. of Paris.

Collaborating Practitioners

- ◆ **Livio Antinucci:** Osteopath. Laurea in physiotherapy, La Sapienza U, Rome. Staff, Dept of Neurological Sci, La Sapienza.
- ◆ **Vincenzo Bacci, FACE:** Internist, endocrinologist. Laurea in Medicine Catholic U, Rome. Residency Cleveland. Fellowship SUNY, NY. USA Board Certified. Master in Obesiology.
- ◆ **Gianluigi Bergamaschi:** Plastic surgeon. Laurea La Sapienza, residencies Modena and Ist Ivo Pitanguy, Rio De Janeiro.
- ◆ **Megon Bresciani:** Allergist. Laurea in Medicine, 2nd U. of Naples. Clinical and research experience, CHU Universitaire Montpellier. Research collaborator, CNR Pisa. Member, Ginasma.it.
- ◆ **Giuseppe Bruno:** Neurologist. Laurea, Residency, and Doctorate; Prof. of Neurology, La Sapienza. Residency NIH Clinical Center, Bethesda. USA Board Certified. Psychotherapist SPI.
- ◆ **Ian D'Agata:** Pediatrician. Laurea, La Sapienza. Training in pediatrics (U of Cincinnati), pediatric gastroenterology / nutrition (Harvard, U of Montreal). Book chapters & publications.
- ◆ **Andrea De Arcangelis:** Ophthalmologist. Laurea and residency, La Sapienza. Consultant, Knights of Malta clinic and Israelitic Hospital. Special interest in pediatric ophthalmology.

- ◆ **Patrice Gestraud:** Orthopedist. Medical school and residency in Paris. Member, French Society of Orthopedics. Former clinical director, Hospitals of Paris.
- ◆ **Tara Giorgini:** Foot and hand surgeon. Doctorate in podiatry, NY Coll. Podiatric Medicine, Laurea in Medicine La Sapienza. Residencies Northlake Regional Med. Center, Florence.
- ◆ **Paola Groff:** Pediatrician. Medical school and residency, U of Verona. Training in homeopathy and phytotherapy.
- ◆ **Nico Naumann:** Obstetrician-gynecologist. Laurea in Medicine U of Pavia, residency St. Elisabeth Hosp (Cologne), fellowship London Gynecology & Fertility Center.
- ◆ **Francesco Petretti:** Physical Therapist. Diploma in rehabilitation therapy, Polyvalent Training Center, Rome.
- ◆ **Julie Pierce:** Psychiatry (adult), psychotherapy (individual, couple). BSc London School of Economics; MBBS Univ College Hosp, U London; Psych. Residency, New York U. USA Board Certified.
- ◆ **Carlo Vitelli:** Surgeon. Laurea in Medicine La Sapienza. Residencies La Sapienza and New York U. Fellowship in Oncological Surgery, Sloan-Kettering. Chief of Surgery, San Giovanni Hosp.
- ◆ **Fabio Zannoni:** Gastroenterologist. Laurea in Medicine, Residency in Gastroenterology & Digestive Endoscopy La Sapienza. Operative endoscopy. Special interest: inflammatory bowel disease.

Psychologists and psychotherapists

- ◆ **Antonio Incisa:** Laurea in Psychology La Sapienza. Training McGill, U College London. Board Certified Italy, UK, Quebec. In-depth Neuropsychological assessments.
- ◆ **Elaine Luti:** Laurea in Psychology, La Sapienza U. Licensed psychologist and psychotherapist in Rome. Member, Italian Institute for Psychology of the Self and Relational Psychoanalysis.
- ◆ **Corinne Perissé:** Laurea in Medicine, La Sapienza U. Training in Transactional Analysis. Licensed psychotherapist working with adults, adolescents, and children. Training of schoolteachers.
- ◆ **David Stein:** Counselor. PhD in Clinical Psychology, California School of Professional Psychology. Postdoc Fellowship & Professor Temple Univ. Licensed in Pennsylvania and The Netherlands.

Emergencies: Ambulances (tel. 118) will take you to the nearest public hospital emergency room and should be called immediately in all absolute emergencies, especially a possible heart attack. In less dire cases try first to call us—there may be one best hospital for your case. If you can't reach us in an emergency but are able to take a car or taxi, we suggest the Policlinico Gemelli on Monte Mario, the Policlinico Umberto I beyond Termini, San Camillo (Monteverde), or Bambino Gesù (Gianicolo; pediatric). Neither the Rome American Hospital nor any other private hospital has a real emergency room.

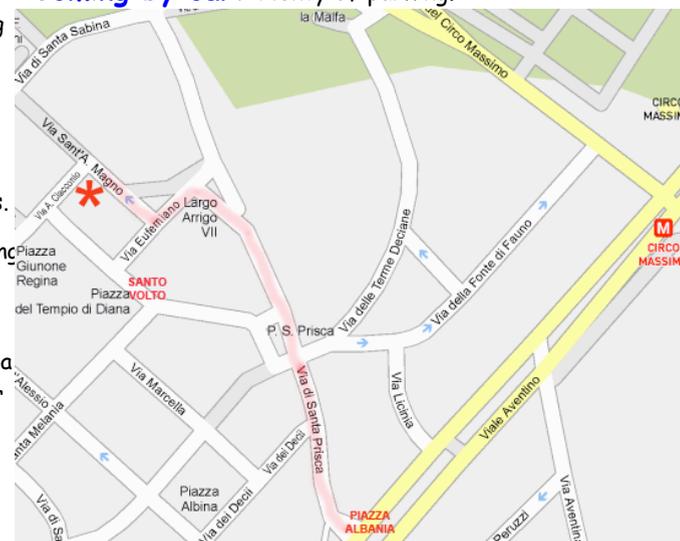
Getting here by public transport from:

- Termini train station: 75, 170, Metro*
- Trastevere: 3, 75, 44
- Prati: 81, 628, Metro*
- Cristoforo Colombo etc.: 23, 160, 170, 673, 715, 781, Metro*
- Largo Argentina: 81, 628
- Piazza Venezia: 81, 160, 715, 781
- Piazza San Silvestro, Barberini: 95, 160, Metro*
- Via Salaria, Via Nomentana, etc.: 3, Metro *
- San Giovanni: 3, 81, Metro*
- Appia area: 118, 628, 673, Metro*
- La Storta, San Pietro, Fiumicino: train to the Ostiense Station, then 95, 280, or one stop on the Metro*

The bus that stops closest to the office is the 715.

* Metro: line B, Circo Massimo stop.

Coming by car? Plenty of parking.





Personnel: Our office manager, Mariateresa Barbieri, has been working with us for 30 years and has developed the role of the medical secretary into a fine art. Under her leadership Margherita de Angelis and Catherine Deslandes in the morning, and Maura Pederiva in the afternoon, can not only take your appointments but help you out with a vast array of issues. Languages spoken: Italian, English, French, Spanish, Russian.

Visits: By appointment—best taken by phone, please, not email. Normally visits are scheduled when a slot is available, but in an emergency any patient we already know will be squeezed in on the same day. This can mean other patients with appointments have to wait at times, but we think that's a necessary tradeoff. Please try to give 24 hours notice when cancelling, so another patient can be given your slot.

Telephone calls: When with a patient, we ordinarily have the secretaries take messages and then we call back later. Please don't ask them to interrupt an examination unless it's really necessary. In an emergency you can call us at home, or enlist the secretary's help if it's during office hours. For non-emergency calls to the office, try to avoid the peak phone hours of 9-11 am and 2-5:30 pm.

Insurance: Please try to remember to bring the forms at the time of your appointment, when they're easiest to fill out. With most insurance companies (see our website for details) you'll have to pay up front and get reimbursed.

Payment: We follow a policy of fees that are moderate in the expensive Italian context, and will scale down even those if you are really strapped. In return, we'd appreciate your paying on the spot, since we have no fancy billing system. Most but not all of us can accept credit cards and ATM cards. Our office is not part of the National Health Service. Please bring along your Codice Fiscale if you have one.

Pharmacies: Most pharmacies follow usual Italian shopping hours but some, including the Farmacia Santa Sabina at Viale Aventino 78c, are open 8:30 AM to 7:30 PM (8 in summer) without a break, and several (e.g. on Via Arenula) stay open all night. The pharmacist will normally

give you back the prescription after filling it, so we write your instructions in whatever language is best for you. Watch out when asking pharmacists for medical advice; they tend to be a bit free with medicines.

Special prescriptions: Almost all American and European medications are available here, though the brand name may be different. Not all pharmacies are fully stocked, so if you don't find something at one, try another. Be skeptical if a pharmacist says some medication is unavailable or "not made any more"; they may just be out of it. You can also ask them to look it up in their reference data base (Informatore Farmaceutico) to see if there's another brand, or try the Vatican Pharmacy, which is accessible to anyone armed with a doctor's prescription.

Testing: Italian laboratories and consultants will by and large expect immediate cash payment; go prepared. Results are usually picked up by the patient rather than being sent to your physician, though a few facilities may be willing to get results to us directly.

Health in Rome: Yes, you can drink the tap water—it's largely from deep springs. Infectious diseases, such as German measles (a concern for pregnancy), and hepatitis (watch out for raw shellfish) may be slightly more common here than at home. The Tiber is badly polluted, and the beaches nearest Rome are barely less so. Expect to get more colds than usual soon after arrival; you have to build up immunity to the local viruses. Likewise you may suffer from diarrhea while your intestine gets used to Italian varieties of bacteria and to all that olive oil.

Birth control and abortions are legal here. Finally, Rome is the allergy capital of the world.

Mind and Soul: English-speakers in Rome can find a suicide hotline (the Samaritans, 800 860022), Alcoholics Anonymous (06 4742913), yoga instruction, Alexander technique, relaxation therapy, preparation for childbirth, and more. Don't hesitate to ask.

Welcome to Rome - and to our practice!

Rome, Italy, July 2016

Introduction to the Aventino Medical Group



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